



BREAKFAST

Substitute fruit on any entree for breakfast potatoes for \$3.00
Substitute English muffin for toast on any entree \$2.00

FLYT FAVORITES

STEAK & EGGS

8oz Bacon wrapped filet mignon, two eggs, breakfast potatoes, and toast

\$23.95

QUICHE

Crustless homemade bacon, jalapeno, and cheese quiche served with breakfast avocado and seasonal fruit

\$15.95

SCHNITZEL & WAFFLE

Breaded Pork schnitzel and two eggs served over a waffle with hot sauce and maple syrup

\$18.95

SCHNITZEL & EGGS

Breaded pork schnitzel served with two eggs, breakfast potatoes and toast

\$19.95

CHEESE OMELETTE

Served with breakfast potatoes and toast

Add bacon, ham, or sausage \$1.25 each
Add onions, mushrooms, peppers, jalapeno, or tomato \$.50 each

\$10.95

YOGURT & FRUIT PARFAIT

Low-fat Vanilla yogurt topped with granola and fresh seasonal fruit

\$9.95

A LA CARTE	
Seasonal Fruit Selection	\$4.95
English Muffin	\$3.95
Breakfast Potatoes	\$3.95
Canadian Bacon, Bacon, or Sausage	\$4.95
Low-Fat Vanilla Yogurt	\$3.95
Two Farm Fresh Eggs	\$3.95
Toast	\$2.95

CLASSICS

BISCUITS AND GRAVY

With homemade country beef sausage gravy
Add two eggs for \$3.95

HALF \$5.95
FULL \$9.95

BREAKFAST SANDWICH

One egg, cheddar cheese, with a choice of bacon, Canadian bacon, or sausage, served on an English muffin with breakfast potatoes

\$10.95

COUNTRY FRIED CHOPPED STEAK AND EGGS

A grilled 8oz hand breaded ground beef patty topped with country beef sausage gravy. Served with two eggs, breakfast potatoes, and toast

\$19.95

FLYT SKILLET

Breakfast potatoes with sausage,ham, bacon, peppers and onions. Topped with 2 eggs and served with toast

\$18.95

EGGS BENEDICT

Two poached eggs on a toasted English muffin with Canadian bacon, homemade hollandaise sauce, and breakfast potatoes
Substitute Smoked Salmon for Canadian Bacon for \$5.00

\$15.95

TWO EGGS PLATE

Two eggs, with a choice of bacon, Canadian bacon or sausage with breakfast potatoes and toast

\$13.95

FRENCH TOAST

Made with Texas toast and served with butter, maple syrup and choice of bacon, Canadian bacon or sausage

\$12.95

WAFFLE

Classic waffle with butter and maple syrup and choice of bacon, Canadian bacon or sausage

\$12.95

STEEL CUT OATMEAL

Steel cut oats topped with blueberries. Served with brown sugar, cream, and raisins on the side.

\$9.95

Childrens Menu available upon request
Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness. Especially if you have certain medical conditions. A FLYT staff member will be happy to assist if you have any questions.

